

Candied Sweet Potatoes

Nutrition Facts		
3 servings per container		
Serving size		2/3 cup (130g)
	Per serving	Per container
Calories	310	930
	% DV*	% DV*
Total Fat	19g 24%	58g 74%
Saturated Fat	11g 55%	33g 165%
Trans Fat	0g	0g
Cholesterol	45mg 15%	130mg 43%
Sodium	140mg 6%	440mg 19%
Total Carb.	33g 12%	100g 36%
Dietary Fiber	< 1g 3%	3g 11%
Total Sugars	27g	83g
Incl. Added Sugars	15g 30%	47g 94%
Protein	5g	15g
Vitamin D	0mcg 0%	0mcg 0%
Calcium	150mg 10%	460mg 35%
Iron	0.4mg 2%	1.3mg 8%
Potassium	120mg 2%	360mg 8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CREAM, SKIM MILK, SUGAR, SWEET POTATO, DARK BROWN SUGAR, SALT, CINNAMON, CANDIED PECANS (PECAN, BROWN SUGAR, MOLASSES, BUTTER, SALT). GUAR GUM, CARB BEAN GUM

CONTAINS: MILK, PECAN